



ST. ANNE'S C.E.(VC) PRIMARY SCHOOL



P.E Curriculum Statement

'Together with God, Making Learning a Life Long Friend'

PE is not the same as sport or physical activity. It draws on a range of disciplines to substantiate its body of knowledge - such as physiology, psychology and sociology. PE brings together the important knowledge from these different disciplines so that pupils can apply them competently and confidently. (*Ofsted's PE research review 18th March 2022*).

At St Anne's C.E V.C. Primary School, children join us with a variety of backgrounds relating to sport health and wellbeing. It is our goal to foster progress in all children, whether that be working towards a high level of competitive achievement, participation and/or an awareness of how to improve their physical well-being.

We believe that Physical Education (PE) should develop pupils' physical competence and confidence, and their ability to use these to perform in a range of activities. It should promote physical skilfulness, physical development and knowledge of the body in action. Physical education will provide opportunities for pupils to be creative, competitive and to face up to different challenges as individuals and in groups and teams. It should promote positive attitudes towards active and healthy lifestyles. Pupils should learn how to think in different ways to suit a wide variety of creative, competitive and challenging activities. They will learn how to plan, perform and evaluate actions, ideas and performances to improve their quality and effectiveness. Through this process, pupils should discover their aptitudes, abilities and preferences, and how to make choices about getting involved in lifelong physical activity.

At St Anne's we aim to provide an education in P.E that:

- Engages through a skills based curriculum that supports progression.
- Develops a skilful child when co-ordinating their movements.
- Facilitates the acquisition and development of skills then perform them with increasing physical competence and confidence.
- Develops their ideas in creative ways.
- Supports positive attitudes towards participation in physical activity.
- Develop personal qualities in physical activities and competitive situations such as commitment, fairness, playing to the rules and team spirit.
- Responds to a variety of challenges in a range of physical contexts and environments.
- Promotes being active, taking part and learning new skills through a varied curriculum and through the extra-curricular activities on offer.
- Uses movement imaginatively to communicate ideas and feelings.
- Clarifies the effect that exercise has on their bodies and begin to understand why activity is important to their general health.
- Address the impact of lockdown, as a result of the pandemic, by maximising opportunities for active break-times; free access to extra-curricular sport clubs; support Forest Schools through re-directing P.E budget provision and opportunities for all through competition.

The curriculum planning in PE is carried out in two phases long-term (LTP), and short-term (STP). The LTP maps out the PE activities covered in each term during the Key Stage. This is available on the school shared area system under P.E & Healthy Schools.

A commercial scheme is available to support teachers in delivering high quality P.E. Strengths and areas for development are identified with support and CPD given where appropriate.

The LTP details and reflects both the skills suggested by the national curriculum and the needs of our children. ***It should inspire and engage.***

Class teachers complete a STP for each PE lesson. These list the specific learning objectives for each lesson and give details of how the lessons are to be taught. PE activities build upon the prior learning of pupils and provide opportunities for all abilities to develop their skills, knowledge and understanding in each activity area. There is planned progression built into the scheme of work, so that the pupils are increasingly challenged as they move up through school.

Extra-curricular activities promoting Sport and well-being form an important part of school life at St Anne's. The school has a long tradition of participation in after school sports clubs with emphasis on, where possible, giving all children the opportunity to further develop their skills, continue their enjoyment within the club environment or take part in competitive events.

Our P.E Curriculum, which is continually being reviewed and improved, is high quality, well thought out and is planned to demonstrate progression. In addition, we measure the impact of our curriculum through the following methods:

- Assessments of standards achieved against the planned outcomes;
- A celebration of learning for each term which demonstrates progression across the school;
- Annual review of obesity data.
- Take up of extra-curricular activities after school and active dinner/break time events.
- Pupil discussions about their learning; which includes discussion of their achievements within curriculum time and intra and inter school competition.

The impact of our curriculum will also be measured by how effectively it helps our pupils develop into well rounded individuals who embody our values and carry with them the knowledge, skills, and attitudes which will make them lifelong learners and valuable future citizens. We endeavour for pupils to have all six of our school's core values embedded and utilised by the time they leave St Anne's at the age of 11. These are: *kindness, respect, perseverance, honesty, faith and community.* When children leave St Anne's they are ready for their journey into High school, but well - rounded individuals with positive attitudes towards learning.