



<https://learning.nspcc.org.uk/services/speak-out-stay-safe>

Speak out Stay safe is an online safeguarding programme for children aged 5- to 11-years-old. It is available to all primary schools in the UK and Channel Islands.

The programme helps children understand:

- abuse in all its forms and how to recognise signs of abuse
- that abuse is never a child's fault and that they have the right to be safe
- where to get help and the sources of help available to them, including our [Childline service](#).

The assemblies, which feature Ant and Dec, support children to feel empowered - knowing how they can speak out and stay safe and include access to supporting classroom resources. They are an effective way to support our school's safeguarding duties and link directly to the curriculum as well as help reinforce key messages about abuse and neglect.

With the help of the mascot, Buddy the speech bubble, children will know they have the right to:

- speak out and be heard
- be safe
- get help when they need it.

Please click on the link to access a supporting video with more information on the programme;

<https://youtu.be/jolOr4E-9PQ>